

# Spring 2019 -- Spring Hill Teacher Led & Vendor Outside School Activities (OSA). Questions? Contact: [springhillptoosa@gmail.com](mailto:springhillptoosa@gmail.com)

Please visit [www.springhillpto.org/join-the-pto](http://www.springhillpto.org/join-the-pto) to become a member of the PTO. Then register for the classes on the vendor websites with the links listed below.



Day	Time	Class	Grade	Vendor and Registration links	Description	Fees	Class Dates
Mon	7:45 – 8:45 Large Pod	Yoga	K-5	<b>NOVA Kids in Motion</b> <a href="http://www.novakidsinmotion.com/registration/">www.novakidsinmotion.com/registration/</a>  *only item needed is a yoga mat, but children can participate without one*	This class is for kids in grades K-5 develops focus, flexibility, strength, and coordination through a variety of yoga poses, stories, music, sing a longs, drawings and games. These classes enhance energy while teaching children how to remain calm and centered. Children learn basic yoga movements in a fun, relaxed setting, which always promotes doing their personal best in a non-competitive environment.	Cost: \$121.50	8 sessions  3/25,4/1,4/8,4/22,4/29,5/6,5/13,5/20  <b>No Class: 4/15</b>
Mon	345-445 Small Pod	Ultimate Dance Fitness	K-5	<b>NOVA Kids in Motion</b> <a href="http://www.novakidsinmotion.com/registration/">www.novakidsinmotion.com/registration/</a> This ultimate fun fitness class uses kid friendly music and combines parts of our Zumba and glow light dance party classes and adds even more fun and games to the mix.	Kids in grades K-5 will follow along with the teacher to songs and dances, use finger lights to create a glow in the dark theme for part of the class, plays games that include limbo sticks, balloons, parachutes, pom poms, freeze dance, 4 corners dance style, balloon relay races, congo line dancing, and more!	Cost: \$121.50	8 sessions 3/25,4/1,4/8,4/22,4/29,5/6,5/13,5/20 <b>No Class: 4/15</b> Note: 5/55 Class moved to Wet/Dry Area
Mon	3:45 – 5 Large Pod  1hr 15min class	Robotics Workout	K-6	<b>Stemtree Your Education Center</b> <a href="https://campscui.active.com/orgs/StemtreeEducationCenter">https://campscui.active.com/orgs/StemtreeEducationCenter</a> Perfect introduction to the world of robotics for younger students & an opportunity to expand the knowledge base of older students.	Stemtree Engineering program uses the wonder and genius of robots to inspire students to learn engineering, apply their knowledge and skills of basic science, model construction, computer programming, and problem solving to explore STEM concepts.	Cost: \$184 (1hr 15min class)	6 sessions Class Dates: 4/29-6/10  <b>No Class: 5/27</b>
Mon	3:45-5:15 Cafeteria  1.5 hr class	Fine Arts	K-6	<b>Tyson's Art and Learning</b> Visit <a href="https://www.tysonartandlearning.com/">https://www.tysonartandlearning.com/</a> Work with variety of materials, including charcoal, watercolor, pencil, oil pastels, & paints. Learn how to draw & paint like artists as they learn importance of shapes, shading & compositions.	Calling all up-and-coming Picassos!! We help our students to develop basic skills of visual arts and encourage them to explore their artistic creativities. We offer hands-on, fine art classes taught by experienced art teachers. Classes give students one-on-one attention tailored to students who love art.	Cost: \$210  1.5 hr class	3/18, 3/25, 4/1, 4/8, 4/22, 4/29, 5/6, 5/13 <b>No Class: 4/15</b> Note: 4/8 + 5/13 Class moved to Wet/Dry Area
Tue	7:45-8:45 Wet/Dry Area	Newspaper Club	3-6*	<b>Little Scholars</b> <a href="https://www.eventbrite.com/e/newspaper-club-spring-hill-e-s-spring-2019-tickets-58004127908">https://www.eventbrite.com/e/newspaper-club-spring-hill-e-s-spring-2019-tickets-58004127908</a>  *2nd graders can join for Spring session only.	Ladies and Gentlemen! Get it hot off the press! The first edition of the school newspaper needs your help. Students will enjoy this exciting class as they create authentic newspaper stories. As they are transformed into reporters and editors, the students will publish their own school newspaper. Customize the newspaper name for your school!	Cost: \$147	4/2-6/4  <b>No Class: 4/16</b>
Tue	3:45-4:45 Regular 4:45-5:15 Advanced class Small Pod	Karate	K-6	<b>Kaizen Karate</b> <a href="http://www.KaizenFitnessUSA.com">www.KaizenFitnessUSA.com</a> Click red "REGISTER FOR CLASSES" on home page. Click red "Register Online" button. Click "Create an Account" link below the login box. <b>Advanced class is for:</b> Students with Sparring Gear and Orange Belt or Higher ONLY. Student must also register for the 3:45pm class.	This Karate program offers safe, structured training that teaches students the proper form, style and technique. Classes are tailored to student's individual needs & help them to grow to their fullest potential. Karate not only focuses on instruction, but also provides valuable lessons related to respect, discipline, motivation, selfcontrol, confidence & continual improvement.	Cost: Regular Class: \$175 Advanced Class: \$75	11 sessions 3/12,3/19,3/26,4/2,4/9,4/23,4/30,5/7,5/14,5/21,5/28  <b>No Class: 4/16</b>
Tue	7:45 – 8:45 Large Pod	Secret Science Agents	K-2	<b>Steam Kidz Lab (Curiosity Zone)</b> <a href="https://www.curiosityzoneashburn.com/springhill/">https://www.curiosityzoneashburn.com/springhill/</a> Educational value: Creative thinking, problem solving, teamwork, chemistry, physics, life science, engineering and forensics.	Forensic science program, kids learn to be secret spies! We will dust for fingerprints, build booby traps, create disguises, write secret codes, see around corners, listen through walls, discover evidence and lots more!	Cost: \$150	8 Sessions 3/26, 4/02, 4/09, 4/23, 4/30, 5/07, 5/14, 5/21 <b>No class: 4/16</b>
Wed	7:45-8:45 Wet/Dry Lab	Creative Writing Club	3-6	<b>Kondé Strategies, LLC</b> <a href="https://springhillpto.org/events/outside-school-activities/">https://springhillpto.org/events/outside-school-activities/</a> Students will learn to capture each moment, create images in the reader's mind, elicit connection and evoke emotion from the reader.	Students will use their imaginations, enjoy writing, and laugh a lot. Favorite activities include developing fantasy and science fiction stories, writing and performing skits, and developing their plots, characters, and settings.	Cost: \$135	8 sessions 4/3-5/29  <b>No class: 4/17</b>

Wed	3:45 – 4:45: Mr. Nalley's Room 137	Roald Dahl Book Club	3-5	<b>SPRING HILL TEACHER - Mr. Nalley</b> <a href="https://springhillpto.org/events/outside-school-activities/">https://springhillpto.org/events/outside-school-activities/</a>  Please come with a copy of "James and the Giant Peach".	Welcome all Roald Dahl fans! This is a class to learn about who Roald Dahl was, the books he wrote, and of course, read his books. A few books we may read include Esio Trot, James and the Giant Peach, Fantastic Mr Fox, and The Twits. Come explore this wonderful and mystical author with us.	Cost: \$180 + books	12 sessions 3/20, 3/27, 4/3, 4/10, 4/24, 5/1, 5/8, 5/15, 5/22, 5/29, 6/5, 6/12 <b>No class: 4/17</b>
Wed	3:45 – 4:45 Blacktop Behind School	Tennis	K-4	<b>TopNotch Tennis</b> <a href="https://www.topnotchtennis.com/schools">https://www.topnotchtennis.com/schools</a>  LEVEL: Beginner & Advanced Beginner	This program introduces your child to tennis and helps develop: hand-eye coordination, agility, balance, movement, racquet skills, and sportsmanship. We develop the fundamental strokes: forehand, backhand, volleys, and serves using drills and games in a fun, safe, and friendly environment.	Cost: \$130	Class Dates April 3 – May 29  <b>No class: 4/17</b>
Wed	3:45-4:45 Small Pod	Debate Club	3-6	<b>Fairfax Collegiate</b> <a href="http://www.fairfaxcollegiate.com/spring-hill">www.fairfaxcollegiate.com/spring-hill</a>  Students with any level of debate experience are welcome to join.	This club introduces students to parliamentary debate. Debate topics are both challenging and directly relevant to students. The rule structure begins less rigid than standard parliamentary debate rules before the students move into formal debates. Group exercises develop public speaking, critical reasoning, argument construction, rebuttal, and evidence presentation..	Cost: \$160	Class Dates: March 20-May 15  <b>No class: 4/17</b>
Wed	3:45 – 4:45 Cafeteria	Cheer	K-6	<b>Adrenaline Dance Force</b> <a href="https://dancestudio-pro.com/online/danceforce">https://dancestudio-pro.com/online/danceforce</a> All students receive Adrenaline t-shirt with registration. All students have the option to participate in SPRING RECITAL on Sat May 18 th(Additional cost of recital fee \$10 + Tickets). Comfortable clothing appropriate for dance is recommended.	This class is designed to improve self-confidence, physical health and teamwork skills all while having a ton of FUN! Learn and perfect motions, jump technique and cheer dances full of excitement and energy. Whether you are new to cheerleading or building on your foundation this class will help you be your best! Show off your performance skills during the in-class showcase held on the last day of class for family and friends!	Cost: \$158	11 sessions 3/27-6/12  <b>No class: 4/17</b>
Wed	345-445 Large Pod	Coding with Fun	1-6	<b>Stemtree Your Education Center</b> <a href="https://campscui.active.com/orgs/StemtreeEducationCenter">https://campscui.active.com/orgs/StemtreeEducationCenter</a>	Students learn computer programming concepts in a fun interactive way. They combine media elements to create & share their own interactive stories, animations, games, music, & art.	Cost: \$184	8 sessions 4/3-5/29 <b>No Class: 4/17</b>
Thu	7:45 – 8:45 Large Pod	Engineering Mania: Towers	K-2	<b>STEAM Kidz Lab (Curiosity Zone)</b> <a href="https://www.curiosityzoneashburn.com/springhill/">https://www.curiosityzoneashburn.com/springhill/</a>  Educational value: Creative thinking, design, engineering, physics, and teamwork	The Little Engineers will utilize their creativity & out-of-the-box thinking skills to build & test various towers using a variety of materials. In each class session, there will be a challenge to build a tower with certain conditions or features using different materials & encountering constraints on material. Engineers work in teams to solve these challenges.	Cost: \$150	8 Sessions:  3/28, 4/4, 4/11, 4/25, 5/2, 5/9, 5/16, 5/23  <b>No class: 4/18</b>
Thu	3:45 – 4:45 Large Pod	Hip Hop	K-6	<b>Adrenaline Dance Force:</b> <a href="https://dancestudio-pro.com/online/danceforce">https://dancestudio-pro.com/online/danceforce</a> All students receive Adrenaline t-shirt with registration and have the option to participate in SPRING RECITAL on Sat May 18th (Additional cost of recital fee \$10 + Tickets.)	Building confidence & a positive self-image all while learning amazing hip hop moves! Comfortable clothing appropriate for dance is recommended. Sneakers for Hip Hop MUST be worn, no socks, sandals, or open toe shoes.	Cost: \$172.50	12 sessions  Class Dates: 3/14-6/6  <b>No class: 4/18</b>
Thu	3:45 – 4:45 Small Pod	Science Workout	K-6	<b>Stemtree Your Education Center</b> <a href="https://campscui.active.com/orgs/StemtreeEducationCenter">https://campscui.active.com/orgs/StemtreeEducationCenter</a> Science program engages students through our customized science curriculum to develop scientific literacy. Students learn the fundamental concepts behind scientific theories & apply them through hands on activities & experiments.	<i>Individual Instruction (30 minutes):</i> Students work individually on our science curriculum and complete a vocabulary game. Concepts covered include: Scientific Investigation; Physical: Matter, Sounds, Magnets; Life: Life Processes and Living Systems <i>Hands on activities (30 minutes):</i> Experiments conducted in groups corresponding to the appropriate grade level.	Cost: \$184	8 sessions  3/28-5/23  <b>No class: 4/18</b>
Fri	7:45-8:45 (K-2: Wet/Dry) (3-6 : Large Pod)	Design the Runway	K-6	<b>Little Scholars</b> <b>3-6:</b> <a href="https://www.eventbrite.com/e/design-the-runway-3-6-spring-hill-es-spring-2019-tickets-58013235148">https://www.eventbrite.com/e/design-the-runway-3-6-spring-hill-es-spring-2019-tickets-58013235148</a> <b>K-2:</b> <a href="https://www.eventbrite.com/e/design-the-runway-k-2-spring-hill-es-spring-2019-tickets-58011966353">https://www.eventbrite.com/e/design-the-runway-k-2-spring-hill-es-spring-2019-tickets-58011966353</a>	Design your very own fashion line with us! Budding designers will create a fashion portfolio, create a one of a kind piece with recyclable goods and end the week with a Runway Show to stop Fashion Week! We will participate in several design challenges too. Come design the runway with us!	Cost: \$159 *include supplies	4/12-6/7  <b>No class: 4/19</b>

The PTO is proud to offer a variety of outside school enrichment programs taught by our talented Spring Hill teachers as well as through some outside vendors and held before and after school. Part of the proceeds from all OSAs come right back to Spring Hill Elementary to fund priority projects for our school! Please carefully review the OSA class policies and procedures on our website: <https://springhillpto.org/events/outside-school-activities/>.